

Sqwiggly™

ZooFari Kids

BRUSHING CHART



My Name: _____	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1ST WEEK							
2ND WEEK							
3RD WEEK							
4TH WEEK							

Use this chart to keep track of your daily brushing habits.
Color the suns every time you brush your teeth in the morning
and the moons every time you brush at night.

Once you color them all, show this
chart to your dentist to get a reward
for having good dental habits!

